

PSYCH 328 Course Schedule Spring 2021

Class will begin promptly at 2:50 each day. Join class with the Zoom link supplied by the instructor.

(All times are Pacific Time; Work is due by 11:59 pm on the day indicated)

Week	Dates	Topic	Course Materials	Assignment Due
Part I – Setting the Stage				
1	Tue, Jan. 19 - Jan. 24	Basics of Behavior Modification	Module 1	Complete the Introduce Yourself Icebreak Activity (Extra Credit) by Jan. 24
2	Jan. 25 - Jan. 31	The Science of Behavior Analysis and Modification	Module 2	Submit Identify Your Target Behavior worksheet by Jan. 31

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Part II – Planning for Change				
3	Feb. 1 – Feb. 7	A Willingness to Change	Module 3	
4	Feb. 8 – Feb 14	Defining the Behavior and Setting Goals	Module 4	
5	Feb. 15 – Feb. 21	Determining the ABCs of Behavior via a Functional Assessment and Identifying Temptations	Module 5	Submit Operationally Defining Your Target Behavior and Setting Goals worksheet by Feb. 21

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Part III – Identifying Strategies to Bring About Behavior Change				
6	Feb. 22 – Feb. 28	Basic Operant Conditioning Principles/Procedures, Respondent Conditioning, and Observational Learning	Thu, Feb 25 - CLASS HOLIDAY Module 6	
7	Mar. 1 to Mar 7	Finish Basic Procedures Antecedent Focused Strategies (Antecedent Manipulations)	Module 6 Module 7	Baseline Phase Week 1
8	Mar. 8 – Mar 14	Antecedent Focused Strategies (All Others)	Module 7	Baseline Phase Week 2
9	Mar. 15 – Mar. 21	Behavior Focused Strategies	Module 8	Midterm Grades due by Mar. 10 Submit Baseline Phase ABC Charts by Mar. 21
10	Mar. 22 – Mar. 28	Consequence Focused Strategies (Token Economy)	Module 9	
11	Mar. 29 – Apr. 4	Consequence Focused Strategies (All Remaining)	Module 9	Submit Selecting Reinforcers and Designing a Token Economy worksheet by Apr. 4

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Part IV – Developing a Behavior Modification Plan				
12	Apr. 5 – Apr. 11	Selecting Strategies Establishing Rules and Planning for Mistakes	Module 10 Module 11	Submit Selecting Strategies worksheet by FRIDAY Apr. 9 to allow the instructor sufficient time to grade
13	Apr. 12 – Apr. 18	Writing Up Your Plan	Tue, Apr. 13 - CLASS HOLIDAY Module 13	Submit your Self-Modification Proposal by Apr. 18

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Part V – Running the Plan and Staying the (New) Course				
14	Apr. 19 – Apr. 25	Implementing Your Plan – the Treatment Phase	Modules 12 – 14	Submit the Self-Modification Plan Proposal Self- Reflection by Apr. 25
15	Apr. 26 – May 2	Evaluating the Plan Relapse Prevention		
16	Final Exam: TAKE HOME EXAM Opens - Monday, May 3, 2021 at 12:01 am Closes – Friday, May 7, 2021 at 11:59 pm Late work is NOT allowed. If you fail to submit, your exam grade will be a ‘0’			

This schedule is subject to change as the instructor sees fit.