

Gathering Data and Conducting a Functional Assessment Worksheet

Instructions: The fourth step to developing your self-management plan is to determine how you will collect data and then actually collect data during the two-week baseline phase. Once done, examine your ABC charts/structured diaries to see what patterns emerge in relation to your Antecedents, Behavior, and Consequences.

Be advised this Planning Sheet is 18 pages long and you are expected to submit all 18 pages.

Part 1: Your Data Collection Plan

Carefully answer the questions below.

1. How will you record your behavior? Be specific, such as where you will keep this record.
2. How will you make recording easy and convenient? Describes any codes you will use.
3. Will anyone help you remember to record the behavior(s)? If so, who?
4. What other cues will you use to help you remember to **record** your behavior?

Part 2: Recording Your Behavior – Baseline Data

Instructions: Run the baseline phase for the two weeks as determined in your course schedule. Use the ABC charts supplied to you in the Baseline ABC Chart files under Assignments. Do so for the 14 days of the baseline phase and submit by the due date in the course schedule.

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Part 3: The Functional Assessment

Instructions: Now that you have completed your two weeks (or one during the summer) of the baseline phase, go back and conduct a thoughtful analysis of the antecedents serving as cues for your behavior and the consequences maintaining it. Talk about when the behavior occurred but also when it did not. Identify any people, situations, places, or things that acted as, or could act as, temptations and cause you to not make your target behavior. Were there any thoughts, positive or negative, that affected your ability to be successful. Provide any relevant details that will help with creating your behavior modification plan.

A summary table is provided for you in the Baseline Phase ABC Charts file to indicate when your target behavior occurred each week and how much of the behavior occurred in the unit of measurement indicated in your behavioral definition (i.e. pages, minutes, days, occurrences, dollars, etc.).

Your analysis should be no more than 2 pages in length and double spaced.

Follow all APA 7th edition style conventions when doing so.